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COUNSELING

OVER 30 YEARS OF SERVICE

REAL PEOPLE REAL STRUGGLES



Mental Health in the Real World - A panel discussion about mental health.

2022 ANNUAL FUNDRAISING BANQUET IN-PERSON AND ONLINE

Tuesday, May 17, 2022
At 6:30 PM

Millennium Center Winston-Salem, NC

MENTAL HEALTH IN THE REAL WORLD DISCUSSION PANEL



Heath Greene, PhD, MACL - Moderator joined Associates in 2003 becoming Executive Director in April, 2013. He earned his PhD in Clinical Psychology from Fuller Graduate School of Psychology at Fuller Theological Seminary. Greene also holds a Master's Degree in Christian Leadership from the same institution. His BA in Psychology is from UNC Chapel Hill. Additionally, Dr. Greene is an Adjunct Assistant Professor of Psychology at Wake Forest University in Winston-Salem.



Belinda Jorgenson is a retired ER/flight nurse who moved to Winston-Salem eight years ago. She enjoys anything outdoors and is the mother of four adult children. A native of Savannah, Belinda lived in Boston long enough to lose her Southern accent, she says. "I look forward to sharing our experiences with mental health care to give hope and encouragement to other families."



Brittanie Phipps is a full-time paralegal and full-time student at UNCG, where she is studying psychology. She graduated from Bishop McGuinness High School and holds an associate's degree in paralegal studies from Forsyth Technical Community College. Brittanie says she hopes that sharing her story will help others realize that mental health challenges are normal.



The Rev. John Shields is Priest Associate at St. Paul's Episcopal Church. His eclectic work history includes serving as a real estate appraiser, a trainer and consultant in race relations, and a counselor and administrator for two substance abuse treatment programs. He was ordained as a priest in 1986. He has three daughters, four grandchildren and three great-grandchildren.



Georgia Youssef, MA LMFT has been a therapist at Associates in Christian Counseling for fifteen years. She has been a daughter, a sister, a student, a friend, a church member, a wife and a mother among other roles over her 58 years. She continues to work toward knowing and living out her identity as a deeply loved daughter of her Father in heaven.



Evening Schedule of Events

Welcome

Jeff Williams, Chair, Board of Directors

Invocation

Karen Googe, Board of Directors

Dinner

Introduction of Panel Discussion

Dr. Heath Greene, Executive Director

Panel Discussion

Heath Greene, PhD, MA, CL – Moderator

Belinda Jorgenson

Brittanie Phipps

Rev. John Shields

Georgia Youssef, MA, LMFT

Appeal

Jeff Williams

Panel Discussion Continues

Closing and Benediction

Jeremiah Gregory, Board of Directors



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Associates in Christian Counseling

- The need for counseling is at its greatest point in the history of Associates in Christian Counseling.
- Telehealth counseling sessions have greatly expanded.
- Associates in Christian Counseling has a critical role to play and must help many who do not have means to pay for counseling.
- Your support is needed during this historic period of challenges for so many.
- Our goal is \$100,000

Associates in Christian Counseling is a non-profit professional counseling center with the heart of a ministry. Associates has been serving Winston-Salem and surrounding areas for 31 years, as well as a supporting center in Surry County.

We have served more than 24,600 clients and provided over \$3.5 million in Client Assistance Funds and Ministry Discounts in pro bono or reduced fee counseling to those with financial needs. Our staff of mental health professionals includes both clinical psychologists and licensed counselors. Associates is also an internship training site for graduate students pursuing their degrees in mental health care.

Associates provides comprehensive mental health services, including psychological assessment, individual, marital, and family therapy. Services are provided to children, adolescents, adults, couples, and families, ages 4 and up. Associates provides professional mental health services to all who seek them regardless of race, creed, or financial status.

Associates' website receives more than 5,000 visits per month while our free e-newsletter goes out to more than 1,400 local pastors, physicians, donors, clients, and other friends of the ministry. To learn more, subscribe or support:

visit www.christiancounseling.org

Proud to be a supporter of

Associates in Christian Counseling

2022 Annual Fund Raising Banquet

*"but those who hope in the Lord will renew
their strength. They will soar on wings like
eagles; they will run and not grow weary,
they will walk and not be faint."*

Isaiah 40:31



TALON EAGLE'S WING MINISTRY

Clinical Staff



Heath Greene, PhD, MA, MACL
Executive Director
Clinical Psychologist



Carolyn Clatfelter MA, LCMHC
Licensed Clinical Mental
Health Counselor



John M. Shuler, MA, LCMHC
Licensed Clinical Mental
Health Counselor



Teresa Tindall, MS, LCMHC
Licensed Clinical Mental
Health Counselor



James "Gus" Thomas, D.Min, LCMHC
Clinical Supervisor
EMDR Clinician
Licensed Clinical Mental Health Counselor



Georgia Youssef, MA, LMFT
Licensed Marriage and
Family Therapist

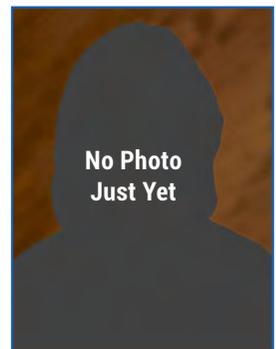
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Alena Stewart
Intake Coordinator



Robyn Brown
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Assistant

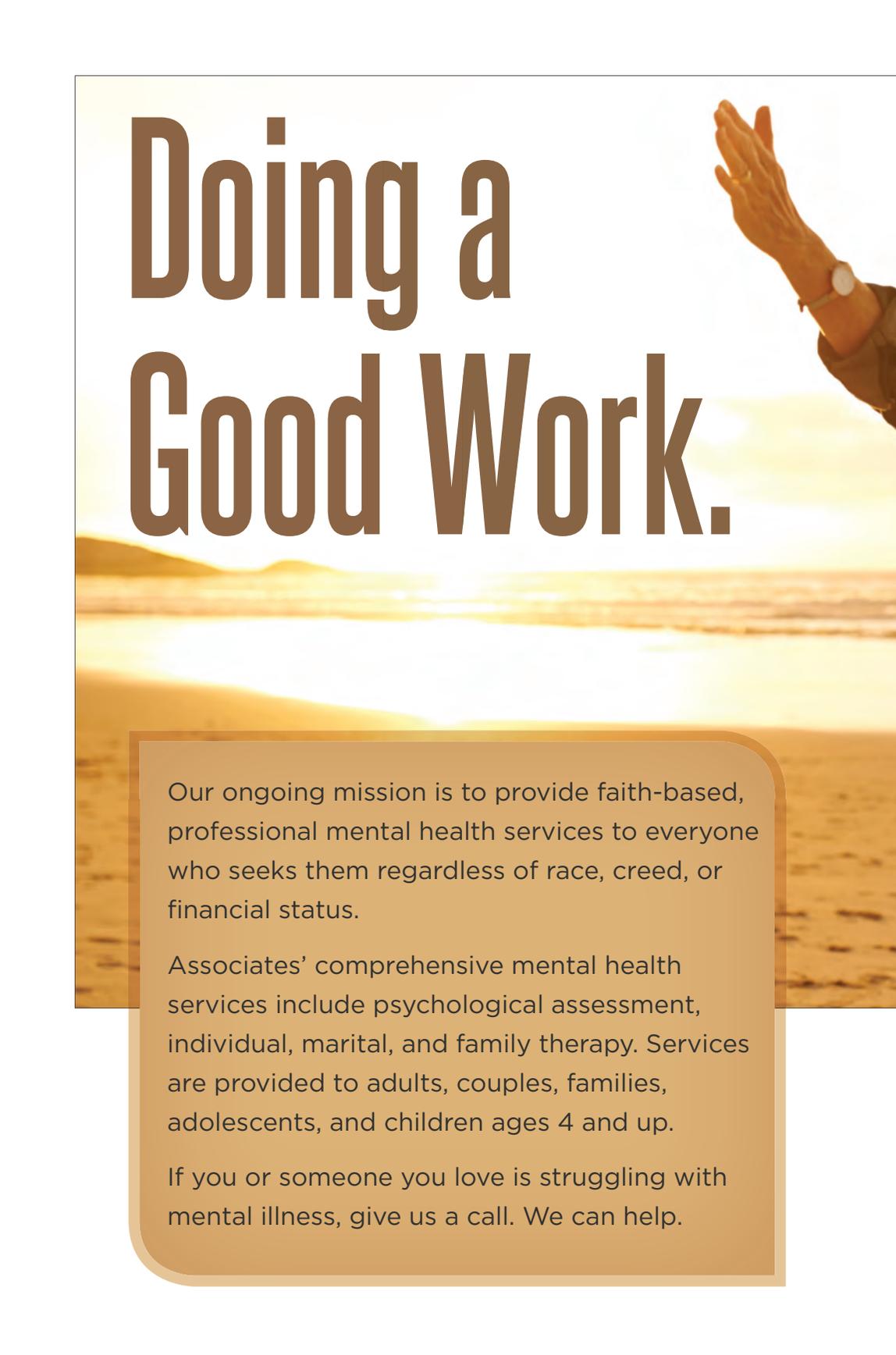
Why Is Our Annual Banquet Important?



Each year, Associates' premier event is our annual fundraising banquet. It has been our privilege to have wonderful speakers from many walks of life share their connection and commitment to mental health and Christian counseling.

The success of this event ensures that we can continue providing professional assistance to the members of our community, regardless of their ability to pay full, partial or no fees for the services they receive.

Proceeds from the banquet will help support the operations of Associates in Christian Counseling and our top-level professional counselors throughout the year.

A person's hand is visible in the upper right corner, reaching upwards with fingers slightly spread. The background is a warm, golden sunset over a body of water, with the sun low on the horizon and its light reflecting on the water's surface. The overall tone is peaceful and hopeful.

Doing a Good Work.

Our ongoing mission is to provide faith-based, professional mental health services to everyone who seeks them regardless of race, creed, or financial status.

Associates' comprehensive mental health services include psychological assessment, individual, marital, and family therapy. Services are provided to adults, couples, families, adolescents, and children ages 4 and up.

If you or someone you love is struggling with mental illness, give us a call. We can help.



ASSOCIATES IN CHRISTIAN COUNSELING



THE NEED IS SO GREAT, THAT'S WHY OUR WORK IS SO VITAL.

Approximately 60 percent of adults and almost one-half of youth ages 8 to 15 with a mental illness received no mental health services in the previous year.*

Mood disorders, such as depression, are the third most common cause of hospitalization in the U.S. for both youth and adults ages 18 to 44.*

Suicide is the tenth leading cause of death in the U.S. (more common than homicide) and the third leading cause of death for ages 15 to 24 years.*

***NAMI (National Alliance on Mental Illness)**

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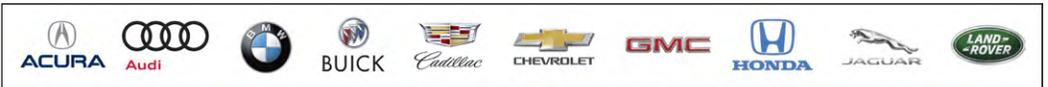
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Services

At Associates in Christian Counseling, we provide comprehensive psychological and counseling services to children, adolescents, adults, couples, and families. Here are some common treatment areas:

General: Depression, anxiety/panic, adjustment issues, bi-polar disorder, substance abuse, grief, job stress, spirituality, relationships, codependency, chronic illness, weight management issues, family of origin issues, EMDR

Women: Abuse and trauma recovery, eating disorders, depression, phase of life issues, abortion recovery

Men: Anger management, sexual addiction, identity issues, accountability issues

Clergy and Spouses: Depression, burnout, boundary issues, family stress, crises of faith

Relationships: Marriage counseling, premarital counseling, separation, divorce recovery, infertility, sexual dysfunction

Parent/Child/Teen: Parenting issues, behavior problems, learning assessments, learning disabilities, developmental disorders, attention deficit disorders, hyperactivity disorders, abuse recovery, play therapy

Family: Family therapy, blended families, adoption, sibling issues

Older Adults: Phase of life issues, grief, elder care

Military and Families: Combat-related trauma, deployment cycle support, reintegration, individual, marital, family, depression, anxiety, grief, career and retirement concerns, relationship issues

Please contact us at info@christiancounseling.org for additional information.

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in the ACC Newsletter**



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Speakers Bureau

Associates has speakers available to speak to your church or civic organization on a variety of topics including:

Common problems such as anxiety, depression, grief or stress

ADD/HD

Behavioral Problems

Marriage

Men's Issues

Military and Veteran Care

Parenting

Self-Care

Spiritual & Mental Health

Women's Issues



For more information, contact us at info@christiancounseling.org

Exercising our values makes our communities stronger



Be Authentic



Build Caring Relationships



Do What's Right



Go All In



Move Forward

Our purpose is simple – We Open Doors for You. Sometimes those doors are to new homes or businesses. Other times they are doors for the whole community. Our values are the foundation of our purpose, and the more we exercise those values, the more doors open for everyone.

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A WORD FROM OUR DIRECTOR

Heath Greene Executive Director



The Power of Childhood

I have often been asked why events from childhood seem to be such a 'big deal' and why they are so hard to overcome. Indeed, at first glance it might seem strange that a 62-year-old man would weep when he is recounting a moment from his childhood that was particularly difficult when he might have had far more challenging events in his adult life that he seems to handle with ease.

There are certainly multiple factors involved, such as the ways memory works and emotional regulation.

However, I am convinced that one of the reasons childhood difficulties and trauma matter so much is because as children we do not have any standard of comparison and our worlds are so much smaller. If someone were to cut you off in traffic today, you can choose to recall all the other people who have not and realize it is not personal. On the other hand, if someone calls you stupid when you are four years old, you have far fewer examples to call on to refute that assertion.

Additionally, children are dependent and must trust family members and other caregivers to meet their basic needs. Often our painful memories or traumas from childhood are inflicted by those very trusted adults.

In short, it is very easy for anything negative to count far more in our childhood than it might later in life. It is also all too easy to change the trajectory of a child's life from one that is full of hope to one that is characterized by despair and defeat.

This is one of the reasons Associates is particularly focusing on the needs of children this year, even as we continue to serve in all of our other areas of mental healthcare. Thank you for joining us on this important evening. In being here and supporting this ministry you are helping us change the paths for many children and families and helping them find healing and hope!

"Since it is so likely that (children) will meet cruel enemies, let them at least have heard of brave knights and heroic courage. Otherwise you are making their destiny not brighter but darker." C. S. Lewis

Heath Greene
Executive Director

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